



Thank you for registering for our Summer Academy Series - Youth Soccer Camps.

We have three sessions and start on June 28th.

Full details: <https://cainhoyathletic.com/cainhoy-athletic-summer-academy-series-2021>

Each week will follow the same format, but we have branded them with a color code (blue, gold, white) that will also match the camp jersey the player will receive. These jerseys can be worn during the week, but not required (if you want to avoid daily laundry).

Instructions

- Please arrive at least 5 minutes early to check in and be ready to go at 8.00 am.
- Please arrive 5 minutes early (11.55 am) to be ready to collect at end of day at Noon.
- If necessary, you can pick up early, but please show identification if doing so to onsite camp staff.
- Each player must wear suitable soccer gear (shirt, shorts, and socks) including shin guards and cleats.
- Good idea to pack a waterproof light jacket (in case)
- They should bring their own ball, and plenty of water (**THIS IS VERY IMPORTANT** as limited facilities on site)
- Parents are welcome to stay and observe but must remain in the shaded tree area.

Camp Format

- Each day will be broken into sessions with ample breaks.
 - Warm up/Fun games
 - Foot skills and technique
 - Tactical and positional training
 - Small-sided games and scrimmages
- As the mornings proceed, it will likely get very warm on days as we approach noon, and so we will likely take more water breaks after 10.00 am.
- We will have a tent and shade areas under the trees where we will ask all participants to store their gear.



Weather/Cancellations

- If the weather looks nasty the evening before, we will make the decision to cancel by 6.00pm (for the following day).
- If the weather looks nasty the morning of, we will make the decision to cancel by 7.00 am (that day).
- During our subtropical summer months, we might see thunderstorms and/or heavy rain pop up (and move off) quickly without advanced warning. In these cases, we will take shelter on site, and wait for danger (lightning) to pass. If weather does not clear up or look better within 15-20 minutes, we will make the decision to cancel the remainder of the day.

We will email and update our camp post on the website for all cancellations.

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Safety and COVID protocols

- All players/families should monitor/check at home (each morning) for signs of infection. Any flu-like symptoms, high temperature or general concern regarding health (COVID), and players should stay at home, and miss the day/session.
- Players do not need to wear masks unless they want to.
- Staff will be asked to wear masks for check-in and administrative functions but will have the option to remove when coaching drills.
- Pickup/Drop Off by anyone other than parents or immediate family members will require proof of identification (and player familiarity)
- CASC staff will remain onsite until all children are picked up, so we ask that you are prompt at end of each day.

Thank you for joining us at our Summer Academy Series, 2021.

Cainhoy Athletic Soccer Club