



MICRO ACADEMY RULES OF THE GAME

LAST UPDATED: 03/15/2018

Size of Field: 30 x 20 yards

Ball Size: U4 / U6 #3 U8 #4

Goal Size: 6 x 4 ft

4 vs. 4 with NO goalkeepers. *Players will play the entire field as both defensive and offensive players. There are no goalies and there should not be a designated defensive player in front of the goal. If both teams have very large squads present (9-10+) and both teams agree, 5v5 can be played to afford adequate and equal playing time*

Substitutions: At any stoppage of play and unlimited

The Referee: Coaches will referee the games from the field. All infringements shall be briefly explained to the offending player

Length of Game:

U6 and U8: Two (2) twenty (20) minute halves divided by a 5 minute half time

U4: Two (2) fifteen (15) minutes halves divided by a 5 minute half time

Scoring: No score is kept for matches

Offside, slide tackles, and penalty kicks: None

Fouls: The referee/coach must explain ALL infringements to the offending player. No yellow or red cards

Throw-Ins: Both feet on ground, two-hands on the ball, ball goes over head. An improperly performed throw-in can be retaken

Goal Kicks, Corner Kicks and Free Kicks: Conform to FIFA with the exception that opponents must remain at least four (4) yards from the ball until it is in play. All goal kicks, corner kicks and free kicks are direct. An improperly performed corner kick (directly out of play) can be retaken

Absolutely no heading of the ball for any team: Per US and South Carolina Youth Soccer guidelines heading is not allowed for any player at any level until U13 age group. *Associated with this ruling is denial of punting by goalkeepers, but since at micro academy level (U8 and under) we do not play with goalkeepers this ruling is moot, but good to know as coaches move to U8 or U9 Junior Academy*

At the conclusion of the game each team should gather and prepare to "shake hands" and congratulate the opposing team.

Please encourage your families to immediately leave the sidelines after your game ends (cleaning up all trash and debris) and move to another area for handing out snacks and to have a short team meeting.

Finally, please remember that our league has a zero tolerance policy for abusive coaches or parents. Coaches are responsible for maintaining and modeling good sportsmanship on their sidelines.